

## **Pioneer in the field of Pre and Perinatal therapy**

Dr. Castellino developed the **Womb Surround Process Workshop** for small groups of adults. He had discovered and developed clinical approaches and skill sets that carry over to family work with children and are applied in both Womb Surrounds, BEBA Family Sessions and in About Connections. As such BEBA, About Connections, the Womb Surround Process Workshops, Professional Training and Community outreach seminars and workshops constitute wings of integrated pre and peri-natal delivery and educational system.

These innovations include the Castellino **7 guiding Principles** for small groups and families. These principles are cornerstones for the creating safety and high level function and optimal growth of babies and children in the context of relationships in their families.

He has developed a teachable method for working with **families and small groups of adults as an energetic relational field**. This innovation is a major game changer for facilitating families and adults in a relational social nervous system field.

He has developed approaches that support families and small groups of adults to efficiently and safely evolve into harmonic resonance and co-regulated states while supporting individuation and differentiation at the same time. Together with Mary Jackson home birth midwife they have developed a system for evaluating the needs of pregnant mom's, their babies and the father that involves establishing "**two layers of support**" to the baby, the mother, the father and also the birth team. They have clinically discovered that when the layers of competent support are in place the mother and baby are free to find the impulses they need to birth from the inside out.

He has worked with the primary rhythms of families and small groups of adults, has discovered and continues to do ongoing clinical research on the **slow rhythms that govern coherence and high level attunement in relationships**. Currently he measures this rhythm to oscillate at 5 minute cycles. This rhythm is substantially slower than the Tidal Rhythms as defined by the Osteopathic and Craniosacral healing disciplines. He calls these slow occulting rhythmic cycles, "relational field cycles," and observes that the relational field cycles govern the innate knowing of birth, bonding and attachment.

He has developed a series of protocols for facilitating families and small groups when the families or groups manifesting "**double bind**" paradoxical energies. These protocols are self-published as part of his professional training manual available to trainees in his

professional trainings.

Ray is doing ongoing research on the manifestation of “**sequential behavioral patterns**” that originate from “sequential imprinting” from ancestral, conception, gestation and birth experience.

He has developed numerous integrated **somatic/psychological approaches for discovering how all beings implicitly remember early pre and perinatal experiences**. Some of these include facilitated movement, supported attachment, dynamic creative opposition, dynamic squeeze.

Lastly, with his work with Mary Jackson, Tara Blasco and Anna Chitty he has developed and discovered several ways to anchor into universal resourced states that he and Anna Chitty refer to as the “**Blueprint Energies**.” These blueprint states of consciousness provide a basis for gently and safely discovering early imprint implicit somatic memories through intention, the co-regulation tempo, movement in highly cooperative relational fields and connected social processes.

These approaches are all applicable for pre-nates, mothers, couples, families and small groups of adults and form the basis for his work in BEBA, About Connections, Womb Surround Workshops his Foundation Trainings and other professional seminars.

### **Awards**

2015 **APPPAH Clinical Practice Award** as an outstanding practitioner.

1995 **Dr Randolph Stone Award** for his paper *Polarity Paradigm with Respect to Pre-conception Pre-natal and Birth Imprinting*

### **Current Professional Work**

#### **CASTELLINO PRE AND PERI-NATAL THERAPY TRAINING**

[www.castellinotraining.com](http://www.castellinotraining.com) Since 1993, Santa Barbara / Ojai, CA areas + worldwide  
**Director, Teacher, Facilitator**

Pioneered, developed and teaches an internationally respected professional training program for health professionals drawing from psychological and cranio-sacral skills, trauma resolution and understanding of the physical and psychological effects of pregnancy and birth. Trainees include nurses, medical doctors, acupuncturists, psychologists, cranio-sacral therapists, social workers, midwives, physical therapists,

occupational therapists, chiropractors, bodyworkers, teachers, doulas, childbirth educators.

- 5-day Womb Surround Process Workshops for professionals: 2 per month 1993-2010, then tapering, as of 2015 just under one per month, more than 450 total
- Foundation Trainings (eight six-day training modules over 2+ years): 11 have been completed (1 in Switzerland, 1 in England, 9 in the US), The 1<sup>st</sup> Spain training is almost complete so that will make 12 in September, 2016. In 2014 Ray was a guest teacher for 1 module in a German Foundation Training taught by graduates of his Foundation Training.
- Advanced programs for graduates and other professionals.
- Mentored co-facilitation of womb surrounds with advanced student graduates
- Individual in-person and phone supervision of trainees and graduates.
- Group supervision by phone of trainees and graduates
- Family and individual in-person sessions and phone consultations.

Numerous presentations at conferences noted below in separate section This work integrates the works of William Southerland, D.O. in cranio-sacral work, Randolph Stone, D.O., D.C., D.N. in cranio-sacral and Polarity Therapy, Peter Levine, Ph.D. in trauma resolution and the pioneering work Dr.Castellino has done with Franklyn Sills (cranio-sacral teacher) and William Emerson, Ph.D. (psychologist) on the facilitation of adults, babies and children for resolving prenatal and birth trauma.

### **ABOUT CONNECTIONS**

[www.aboutconnections.com](http://www.aboutconnections.com)

Since 2005, Santa Barbara & Ojai

#### **Co-facilitator**

In collaboration with Mary Jackson, R.N., L.M., RCST®, Ray has created a program for home birth as a norm for healthy birth. They prepare families for birth, see them through birth and offer post birth support. As of January 2009 Mary completed 63 consecutive births at home, no transfers to the hospital, all babies nursing and all labors under 14 hours except one labor at 19 hours. She has completed 100 births with 5 transfers to the hospital.

### **BEBA (Building and Enhancing Bonding and Attachment): A Center for Family Healing**

[www.beba.org](http://www.beba.org)

Since 1993, Santa Barbara and Ojai, CA

#### **Co-founder and Co-clinical Director**

BEBA is a non-profit research clinic devoted to supporting families to resolve prenatal, birth and other early trauma, both physical and emotional, while facilitating the development of compassionate relationships, the healthy growth of children, and effective parenting. BEBA's Family Clinic offers weekly sessions to local families and parent/adult small group process workshops. BEBA also provides a professional internship program, parent and professional education and has a video archive and database used for clinical

research.

- Co-founded BEBA in 1993 with Wendy McCarty, Ph.D.
- Has worked with 85 families (all as a volunteer except one) & their parents, average 30 visits/family.
- Trained the other facilitators at BEBA. All graduated from the Castellino Foundation Training, and trained at the BEBA clinic, first as a videotaper, then as an assistant, then as a facilitator. Is currently training others who videotape or assist.
- Supervises all clinical work
- Offered 1-day experiential workshops for parents and professionals.
- Part of a team who offer 4 evening classes each quarter for parents and professionals.
- Part of BEBA team which offers 3-day workshops “Pre and Perinatal Imprints: Embodiment, An Experiential Workshop. Other teachers have trained with him.

### **BODY INTO BEING: Advanced Energetic Somatic Training**

[www.castellinotraining.com/bodywork](http://www.castellinotraining.com/bodywork)..... since 2013, Boulder, CO & Ojai, CA

#### **Co-facilitator**

In collaboration with Anna Chitty, RCST, RPP, DEP, ABD, Ray has created a 5 module 5/days each program for those who use touch in their practice, focusing on the energetic somatic aspect of their work. Polarity Therapy is the basis along with cranio-sacral work and many other modalities. This provides an opportunity for experienced professionals to deepen into their work and learn to discover the core of the client’s needs and patterns that manifest in pain, dis-ease, and discomfort plus how to discover the most effective hands-on approach for that client.

### **APPPAH**

Award: Clinical Practice Award, 2015

Faculty for APPPAH’s PPN program.

- August, 2014 Training Meeting in Boulder
- May, 2015 Embodiment Workshop in Ojai co-led by Tara Blasco with guest Mary Jackson

### **IMPULSE INTO BEING**

[www.castellinotraining.com/aquatic](http://www.castellinotraining.com/aquatic)

since 2013, La Center, WA

Co-facilitator of Inpulse into Being, a land/water workshop co-led with Mary Seamster, for practitioners of cranial sacral work, Watsu, and somatic therapies. Students learn land and water-based techniques for sensing, tracking and responding to subtle energetic impulses in their clients. Principles are drawn from Ray’s PPN training and Mary’s Amnion training.

### **Past Professional Experience**

- 2000-2009 Faculty, Santa Barbara Graduate Institute. Offered courses in cranio-sacral work, therapeutic skills, infant / child psychology, infant / child therapy. SBGI offered PhDs in Somatic Psychology and a Masters and a PhD in Pre and Peri-natal Psychology. Ray taught in both programs.
- 1999-2004 ATLC (Alliance for Transforming the Lives of Children) [www.atlc.org](http://www.atlc.org) V.P. & Board Member. ATLC is a growing community of affiliates whose mission is to champion a culture of compassionate individuals, families and communities who care for, have fun with learn from and responsively and lovingly interact with children.
- 1997-1998 Member of Coalition for Improving Maternity Services (CIMS), a coalition of individuals and national organizations which produced "The Mother-Friendly Childbirth Initiative", a document promoting the normalcy of birth, the empowerment of women. Cites 10 Steps a hospital, birth center or home birth service must carry out to fulfill Mother-Friendly Care, endorsed by hundreds of organizations and individuals. Represented APPPAH.
- 1990-1993 Transitioned Chiropractic practice to integrative body/mind therapy with a focus on prenatal and birth issues for people of all ages. Santa Barbara, CA
- 1982-1990 Chiropractic Private Practice, Doctor of Santa Barbara, CA
- 1989-1992 American Polarity Therapy Association (APTA) appointed representative to the American Massage Therapy Association Steering Committee for National Certification. Liaison Coordinator for Massage Therapy and Bodywork Organizations for the NCC. Participant Test Construction Committee and the Eligibility Committee and Founding Board of Director for the NCC.
- 1991-1992 Founding representative to the National Federation for Massage and Bodywork Practitioners.
- 1991-1992 Advisor to the Law and Legislation Committee, American Polarity Therapy Association (APTA).
- 1988-1991 Chair, Law and Legislation Committee, American Polarity Therapy Association.
- 1989 Participant Canyon Ranch Foundation, Definitions Think Tank for Bodywork and Massage Therapy.

1986-1989 Designed and taught the Life Choices Seminar.

1986-1989 President, American Polarity Therapy Association.

1984-1986 Founding Vice President, American Polarity Therapy Association (APTA).

1981 Graduate, Doctor of Chiropractic, Palmer College of Chiropractic - West,  
Sunnyvale, CA

1980-1981 Founding President, Student Chapter, Sacro Occipital Technique Society,  
Palmer College of  
Chiropractic-West Sunnyvale, CA

1973-1979 Teacher and practitioner of Polarity Therapy San Francisco Bay Area

1968-1971 Director, Pine Grove Junior High School Music Department. Taught: General  
Music, Humanities, Choral Music, Beginning Band and Photography.

### **Teaching Experiences / Courses for Organizations other than Castellino Training**

Dec 2017 Keynote Speaker with Mary Jackson “The Family Social Nervous System”  
at 3-day APPPAH conference in San Diego, CA

Dec 2017 Co-Teacher with Mary Jackson of 1/2-day workshop “Pre and Perinatal  
Somatic Psychology as a Matrix for the Emergence of Healthy Vibrant  
Families, Children and People,” in San Diego, a preconference workshop  
for APPPAH.

July 2017 Presenter at a 1-day conference, followed by teaching a 3-day workshop  
organized by Thomas Harmes near Bremen, Germany as part of  
Summertimecamp – Tiefestival in Hude – “Spell of Binding One Long Life: Body  
Psychotherapy workshops, lecture, further education.”

July 2017 Teacher of a 5-day workshop in Vienna, Austria.

Oct 2016 Co-teacher, for a 3-day workshop near Barcelona, an Introduction to the pre  
and peri-natal work.

Sept 2016 Presenter for Sounds True, “Pre- and Peri-Natal Perspectives and Somatic  
Psychology: Seven Principles for Healthy Families and Small Groups of  
People,” as part of Psychotherapy 2.0 2016: Leading-Edge Discoveries and

Teaching on Neuroscience, Trauma, Mindfulness and Attachment Therapy, an Online Training Summit.

- Sept 2016 Teacher of 3-day workshop organized by Michael Kern / Craniosacral Therapy Educational Trust in London: "Pre and Perinatal Sequence Imprinting."
- Sept 2016 Teacher of 3-day workshop organized by Michael Kern / Craniosacral Therapy Educational Trust in London: "Pre and Perinatal Sequence Imprinting."
- Sept, 2016 Presenter at week-long Findhorn Foundation Conference in Scotland: "Healthy Birth, Healthy Earth."
- Nov, 2015 Pre-Congress workshop leader for APPPAH in Berkeley, CA
- July, 2015 Seminar Facilitator with Tara Blasco and Mary Jackson of 5-day course: "BEBA Style Clinical Training for Graduates" (of the Pre and Perinatal Therapy Foundation Training).
- May, 2015 Seminar Facilitator with Tara Blasco & guest Mary Jackson of 3-day Embodiment Workshop: "Pre and Perinatal Imprints" organized by BEBA in Ojai, CA
- March, 2015 One of 3 presenters/facilitators (with Jim Feil & John Beaulieu) at 4-day Polarity conference in Switzerland.
- March, 2015 Seminar facilitator for 2 day workshop in Switzerland organized by the Swiss Polarity Therapy Organization.
- Sept, 2014 Seminar facilitator for "Origin of Impulse," a one day pre-congress workshop for Polarity Therapy and Cranio-sacral Therapy national organizations.
- June, 2014 Taught a 5-day seminar in Germany "Building & Supporting Healthy Family Relationships," organized by Regina Buecher and Klaus Kaeppli.
- June, 2014 Taught module 6 "Life, Death, Loss & Double Bind" of the 8 module German Pre and Perinatal Foundation Training modeled after his training organized by Regina Buecher and Klaus Kaeppli.
- Nov, 2013 Seminar facilitator for one day pre-congress workshop for APPPAH.

- Aug, 2013 Seminar facilitator, "Bonding and Attachment: A Somatic Approach", a post-conference two-day workshop in Switzerland, sponsored by the Swiss Polarity Association.
- Aug, 2013 One of three presenters at the 7<sup>th</sup> Swiss Educational Festival: Attachment and Bonding, sponsored by the Swiss Polarity Association.
- Aug, 2013 Seminar facilitator, the four-day 2013 German Polarity Conference: "Overcoming Early Traumata".
- March, 2012 Lead teacher with Tara Blasco, PhD., RCST. and Mary Jackson, RN, LM,, RCST. Introductory 4 day seminar in Pre and Perinatal Therapy in Barcelona, Spain.
- March, 2012 Co-facilitator with Mary Jackson, RN, LM,, RCST, Three-day seminar, "Establishing Healthy Connections (Part of the Love & Relationship Series), Seaford, UK.
- Feb, 2012 Presenter/Teacher, Resonance Repatterning Conference. 1.5 hour presentation one day, 5 hour seminar the next day, Queretaro, Mexico.
- June, 2011 Teacher, 5-day workshop on Pre and Perinatal Therapy, near Rome, Italy.
- May, 2011 Presenter, "Breath of Life in Birth and Attachment", Breath of Life Conference, London, UK.
- March, 2011 Teacher, 4-day workshop, Polarity Therapy and Birth and Attachment, Dearborn, Michigan.
- Sept, 2010 Teacher, 3-day seminar on Pre and Perinatal Therapy in Seaford, UK
- Sept, 2010 Co-teacher, with Tara Blasco, PhD., RCST, Pre and Perinatal Therapy Introduction, Valencia, Spain.
- Sept, 2010 Teacher, 2-day workshop sponsored by Spanish Craniosacral Association.
- Sept, 2008 Presenter, CSTA-NA (Craniosacral Therapy Association of N America), Raleigh Durham, NC, "Preparation for birth, supported attachment and repair after a challenging birth, cranial with newborns, families".



- Aug, 2008 Co-presenter with Mary Jackson, R.N., LM, at SBGI (Santa Barbara Graduate Institute), in Santa Barbara, workshop for parents who had experienced difficult births.
- March, 2008 Teacher, 3-hour supervision course for Polarity Therapy teachers and school administrators at Polarity Therapy Summit Workshop, Greensboro, North Carolina.
- March, 2008 Keynote speaker at Polarity Therapy Summit Workshop, Greensboro, North Carolina. Also gave a 2-hour presentation on establishing healthy nursing after challenging births.
- June 2007 CAM (California Association of Midwives) conference co-presenter with Mary Jackson on their work with supporting attachment immediately after birth.
- Feb. 2007 Co-presenter with Mary Jackson RN, LM for Pre Congress course through APPPAH in Los Angeles, CA. Presenting on family preparation for birth, birth and bonding and attachment.
- Nov, 2005 Facilitator, one day post congress workshop for APPPAH in San Diego on c-section dynamics and how to support parents and children.
- Nov, 2005 Panel Speaker on c-section dynamics, APPPAH congress in San Diego.
- June, 2005 Panel Speaker for film he is featured in: "What Babies Want", in Ojai, CA.
- Nov, 2004 Facilitator of a 2 1/2-day workshop sponsored by the Craniosacral Association of Spain in Barcelona, Spain.
- Nov, 2004 Panel Speaker for a film he is featured in: "What Babies Want", in Santa Barbara
- Oct, 2004 Assistant to Anna Chitty for a 5-day craniosacral class in Santa Barbara, CA.
- Sept, 2004 Speaker, gathering of Santa Cruz area midwives at Esalen in Big Sur, CA.
- June, 2004 Featured Speaker, CAM, California Association of Midwives annual conference in Saucilto CA on "The Midwife's Role in Newborn Self-Attachment Needs" 6/11/04.

- June, 2004 Facilitator/Mediator for a 2-day Pathwork Staff Retreat for Pathwork of California in San Diego, CA.
- March, 2003 Conference organizer and featured speaker, aTLC invitational summit, Santa Barbara, CA
- Feb., 2003 Parent education lecture and discussion, Lou Grant Preschool, a Santa Barbara City College parent coop school. 1 1/2 hours.
- May, 2002 SB Adult Education Conference "Shaping your Life: Creating Patterns of Health and Well-Being.
- "Shaping your Life," Panel Member.
  - "Healthy Families, Healthy Babies: Four Practical Tools for Raising Healthy Kids," workshop, 1.5 hours.
- March, 2002 "Healing Early Infant Trauma," From Neurons to Neighborhoods Conference, Los Angeles, workshop, 1.5 hours.
- March, 2002 SB County Head Start, training for paraprofessionals. 5.5 hours
- Dec, 2001 APPPAH (Association for Pre and Peri-natal Psychology and Health) International Congress, San Francisco: "Birth: the Genesis of Health"
- "Practical Applications: Trauma," Panel Member:
  - "Tools for Healing Prenatal and Birth Trauma," two-day post-congress workshop:
- 1997-2001 Presentations at Mamatoto (mom and child support) groups in Santa Barbara.
- June, 2001 Great Beginnings (home visitation program for families with children 0-5), part of CALM (Child Abuse Listening and Mediation) in Santa Barbara, in-service presentation to staff, 3 hours.
- June, 2001 "The Four Stages of the Birth Process," Holographic Repatterning International Conference, Phoenix, AZ, feature presentation, 2 hours.
- Dec.1999 APPPAH International Congress, San Francisco, 'Birth and Consciousness.'
- "Healing Our Children, Healing Ourselves: Working with Babies and Children," Panel Member
  - "The Primal Impulse: Discovery of the Self, and Other Tools for Healing Prenatal and Birth Trauma," one-day post congress workshop.

- Sept, 1999 "Healing Prenatal and Birth Trauma with Cranio-sacral and Other Modalities," NACSTA (North American Cranial Sacral Therapy Association), feature presentation, 3 hours.
- June, 1998 "New Born Self Attachment Needs," 1998 International Conference for the American Polarity Therapy Association (APTA), Keystone, CO, workshop, 3 hours.
- Aug, 1997 Presentation on giving Process Workshops at gathering of professional colleagues.
- Sept, 1997 Featured Presentation, Holographic Repatterning Conference, Phoenix, AZ.
- June 21, 1997 "The Effects of Medical Intervention on the Birth Process," 1997 International Conference for APTA, Toronto, Canada, workshop, 3 hours.
- 1993-1996 Taught introductory seminars in Pre and Peri-Natal Therapy, 5 days, Dearborn Michigan, Santa Barbara, CA and Santa Fe, NM, and 3 days, Boulder, CO
- June 23, 1996 "Perinatal Energy Patterns and the Evolution of Life," 1996 National Conference for the American Polarity Therapy Association (APTA), Boulder CO, workshop, 3 hours.
- August, 1996 Featured Speaker at the American Massage Therapy Conference, Los Angeles, CA, August 1996.
- October, 1995 "Resolving Birth Trauma Within Families." At the 7th International APPPAH Congress: "Birth and Violence, the Societal Impact". 3 hours
- June 1995 Keynote speaker and presenter, American Polarity Therapy Association (APTA) National Conference, Ann Arbor, MI.
- April 7, 1995 Keynote speaker for the Asociacion Mexicana de Terapeutas de Polaridad Congress. One day workshop April 8, 1995.
- Feb, Oct, 1994 Featured speaker at the LA Chapter Conference for the Association for Pre- and Perinatal Psychology and Health (APPPAH)

- 1991-1993 Co-lead 3 five-day workshops with Dr. William Emerson in Pre and Perinatal Therapy and assisted him during another 4 workshops. Santa Barbara, Petaluma
- May, 1990 Featured Speaker at the American Massage Therapy Conference, Boulder CO.

Frequent featured speaker at the American Polarity Therapy Association National Conferences

### **Publications: Chapter in a Book**

Thomas Harmes, editor. *Auf die Welt gekommen: Die neuen Baby-Therapien*. Germany: Leutner, 2000.

### **Publications: Articles**

*Journal of Prenatal and Perinatal Psychology and Health* 28(2)

March, 2014. *Book Review of John Chitty's Dancing with Yin and Yang: Ancient Wisdom, Modern Psychotherapy and Randolph Stone's Polarity Therapy*.

*Cranial Wave*, (Publication of The Biodynamic Craniosacral Therapy Association of North America [BCST]).

Summer, 2011. *"The Castellino Prenatal and Birth Training Supervision Process"*

*La Marea* (Magazine of the Spanish Association of Craniosacral Therapy), No.3, "Being with Newborns" translated into Spanish, Spring, 2001. Apartado 391, 08800 Vilanova I la Geltru, Barcelona. 93 7432455.

*Journal of Prenatal and Perinatal Psychology and Health* (15)1.

October, 2000, "The Stress Matrix: Implications for Prenatal and Birth Therapy"

*Auf die Welt gekommen: Die neuen Baby-Theapien*, Thomas Harms (Hrsg.), "The Caregivers Role in Newborn Self-Attachment Needs" translated into German, 2000. Published by Ulrich Leutner Verlag, Zehntwerderweg 197, 13469 Berlin, Germany, 030.402.095-43.

*The Fulcrum* (Magazine of the Craniosacral Therapy Association of the United Kingdom) No 17, Spring 1999, "Delivery Self-attachment" Monomark House, 27 Old Gloucester St. London WCIN 3XX, 44-7000-784735.

*Massage Therapy Journal:*

Summer 1991, "Three Paradigms-Five Approaches" co-authored.

Summer 1990, "The Issue of National Certification: an interview with Ray Castellino, DC"

*Special Delivery, A Publication of the Santa Barbara Birth Resource Center.* Fall 1991,  
"Somatic Treatment of Prenatal and Birth Trauma" interview by Karen Hansen.

**Self Published:**

*Inquiry: A Way to Strengthen Connections in Relationships, 2014, revised 2015*

*"Supporting Successful Breastfeeding", 2004.*

*"The Caregivers Role in Newborn Self-Attachment Needs, Published for the APPPAH Congress December 1997.*

*"Being With Newborns." Published for the APPPAH Congress December 1995.*

*"The Polarity Therapy Paradigm with Respect to Pre-conception Pre-natal and Birth Imprinting," Presented to the American Polarity Therapy Association National Conference, University of Michigan, Ann Arbor, MI, June 1995. Dr. Castellino was awarded the Dr. Randolph Stone Award for writing this 60-page paper.*

**Published Interviews:**

*Somatic Psychotherapy Today, (4)1*

Spring, 2014. "Life in the Womb: Life All Around." An Interview with Ray Castellino DC, RPP, RPE, RECT" by Nancy Eichhorn, PhD.

*Journal of Prenatal and Perinatal Psychology and Health 27(3),*

July 2013. "The Principles." Interview with Ray Castellino, DC, RPP, RCST, with Kate White.

*Cranial Wave (Publication of BCST)*

November, 2009. "Pioneers Integrating Biodynamic Craniosacral Therapy with Pre- and Perinatal Therapy." An interview with Ray Castellino by Kate White, RCST.

**Publications: Training manual** for the Castellino Foundation Training. This will be published in book form.

### **Publications: Videos**

Dr. Castellino has produced 20+ teaching videos presenting case studies and specific material relating to the treatment of babies, children and adults for prenatal and birth trauma. 5 are for sale.

2014: \*Two Layers of Support: Creating the Conditions for Healing”, In this in-depth interview by Susan Lange, OMD, LAc, Ray describes the origins, nature and method of his remarkable work of repatterning prenatal and birth trauma imprinting with infants and adults. He describes the importance of pacing, listening for rhythms in relationship that enable integration of experience as it is happening or healing if it was traumatic. A clip of this is available on Youtube.com titled, “Innate Rhythm of the Family” DVD is available from Owl Productions or Castellino Training.

2014: “The innate Rhythm of the family” is a short clip on youtube that is part of the DVD “Two Layers of Support”.

2014: “Interview mit Ray Castellino.” Ray discusses Polarity Therapy with Annegret Torspecken & Gisela Gissing. The interview is in English with a very brief introduction in German.

2013: “The Face in Healing Bonding & Attachment Issues,” Youtube video interview with Susan Lange, recorded in 2009.

2013: “The Importance of Healthy Boundaries,” Youtube video interview with Susan Lange, “honor your ‘no’”. Ray discusses this starting at birth, recognizing and acknowledging when the newborn / infant / toddler / child says ‘no.’

2011: “The infant and Sentience”, YouTube video in which Ray discusses perceiving the pre-nate and newborn as sentient beings. Part of a “The Healing of Birth”. Interviewed at a workshop in the UK, 2010. Part of “The healing of Birth,” by Owl Productions.

2011: “Giving the Baby Information,” YouTube video in which Ray discusses including the babies in the conversation rather than doing ‘to’ the baby: touching, changing, etc. This opens the door for the baby to cooperate. Interview at a workshop in the UK, 2010. Part of “The Healing of Birth,” by Owl Productions.

2011: “Rhythms that Facilitate Birth,” YouTube video in which Ray discusses how attention of practitioners to their own internal rhythms facilitate moms and babies connecting with their own internal rhythms and thus leads to natural connection and birth. Interview at a workshop in the UK, 2010. Part of “The Healing of Birth,” by Owl Productions.

2011: “Rhythmic Beings and induction,” YouTube video in which Ray discusses the disconnect between mom and baby and mom and herself and her own internal rhythms with the intense rhythm of the induction and how induction leads to more interventions and interferes with breastfeeding. Interview at a workshop in the UK 2010. Part of “The Healing of Birth” by Owl Productions.

\*“Resourcing the Newborn and Family During the Process of Healing Birth Trauma”, 2 hr 40 min., 1995, taped at the APTA Conference.

\*“How Babies Heal” 2 hours, 1995 2 segments:

\*Introduction to Infant-centered Family Therapy talk given to the SB Holistic Health Practitioners Association. Short segments of a baby’s healing process. Local Access TV interview of Dr. Castellino and Susan Sonne with clips of her daughter Angelka on the value of treating babies for pre and peri-natal trauma.

\*“Fetal Cranial Studies”, 1999 Cranial Movement shown with disarticulated skulls.

\*“An Introduction to Shock Imprinting and Prenatal Experience”, 82 min, 2001

\*“Vaginal Birth: Birth Stages, Pelvic Shapes, Cranial Molding”, 82 min, 2001

### **Internet Radio Shows**

1. “From Birth to Breast”, Sept, 2009 interview with Chloe Faith Wordsworth of Resonance Repatternin on her internet radio show. [www.resonancerepatterning.net](http://www.resonancerepatterning.net)
2. 2011ff Interviews with Rebecca Thompson, Ray with Mary Jackson, available at [www.consciouslyparenting.com/teleseminars/](http://www.consciouslyparenting.com/teleseminars/)
  - a. “Bonding & Attachment”
  - b. “Story Sharing: How babies and families share stories to resolve early trauma”
  - c. “Sleep: Follow Beth & Scott and their daughter , Beata, through their real-life sleep struggles”
3. 2014-2015 interview of Ray & Anna Chitty with Diane Heller for her course.

<b>Education</b>		<u>hours</u>
2005	Jap Van der Wal 3-day course in embryology in Boulder, CO.	21
2004	California Association of Midwives annual conference, Saucilito, CA	4
2003	Association for Pre- and Peri-natal Psychology and Health (APPPAH) International Congress, San Francisco:	30
2003	Allan Schore lectures at Santa Barbara Graduate Institute, Santa Barbara	16
2002	Family Constellations, Bert Hellinger 3-day workshop, Santa Barbara, CA	21
2002	Neurons to Neighborhoods Conference, Los Angeles, CA	16
2002	Allan Schore lectures at Santa Barbara Graduate Institute, Santa Barbara,	16
2001-	Allan Schore lectures at Santa Barbara Graduate Institute, Santa Barbara,	16
2001	Association for Pre- and Peri-natal Psychology and Health (APPPAH) International Congress, San Francisco: "Birth: the Genesis of Health"	30
1999	Association for Pre- and Perinatal Psychology and Health (APPPAH) International Congress, San Francisco: , 'Birth and Consciousness."	30
1997	Association for Pre- and Perinatal Psychology and Health (APPPAH) International Congress, San Francisco	30
1995	Association for Pre- and Perinatal Psychology and Health (APPPAH) International Congress, San Francisco: "Birth and Violence, the Societal Impact"	30
1993-1995	Cranio-sacral Therapy Training, Murietta, CA Faculty assistant to Franklyn Sills in a 36 day 2-year training program	1000
1995	Resolving Traumatic Experiences with Peter Levine Ph.D, Malibu, CA	.60
1987-1992	Somatic Treatment of Prenatal and Birth Trauma with William Emerson Training, a series of courses in CA	224
1989-1990	Interdisciplinary study group. DDS.s, DOs, DC.s, Santa Barbara, CA	14
1991	Multiple Personality and Dissociative Disorders Santa Barbara, CA	8



1991	Clinical Management of Infants and Children,	LACC	12
1991	Advanced Topics in the Clinical Management of Women and Children, Karen Bilgrai Cohen, D.C.,	LACC	12
1978-1990 Additional Studies in Cranio-Sacral Work			
	Head and Neck Pain from the Temporomandibular Joint	LACC Jan. 1990	12
	Physiology. & Treatment of the Craniosacral System,	Palmer West Feb. 1989	12
	Cranio-Sacral Therapy, Upledger Institute, Santa Barbara CA	Aug 1987	28
	TMJ Syndrome, Dennis Steigerwald, D.C., SF	Dec. 1983	12
	Sacral Occipital Technique (SOT)		
	Mark Pick, D.C., Santa Barbara	March 1994	12
	Mark Pick, D.C. Santa Barbara	March 1993	12
	Mark Pick, D.C. Palmer West, Sunnyvale, CA	July 1981	
	Mark Pick, D.C. Felton, CA	Jan. 1981	
	Mark Pick, D.C. Los Angeles	Sept 1979	
	Mark Pick, D.C. Palmer West, Sunnyvale, CA	Nov. 1980	48
	M.B.R. DeJarnette, D.O., D.C., San Francisco	May 1980	
	M.B.R. DeJarnette, D.O., D.C. Omaha NE	Sept. 1979	48
	M.B.R. DeJarnette, D.O., D.C., San Francisco	May 1979	
	M.B.R. DeJarnette, D.O., D.C., Los Angeles	Sept. 1978	48
1978-88 Additional Studies in Chiropractic			
			hours
	Cervico-Brachial Syndromes, LACC	1988	12
	Chiropractic Management of Whiplash Injury, LACC	1986	12
	Applied Kinesiology, LA	1983-1984	48
	Clinical Evaluation and Treatment of Low Back Pain, Palmer West	1983	12
	Erhardt X-Ray Seminars, San Francisco	1981-1982	42
	Chiromanis Disc Traction, James Cox, D.C., S.F.	1981	12
	Soft Tissue Manipulation Seminar with Ralph Failor, D.C.	1981	30
	Spinal Stressology with Llowell Ward, D.C., Long Beach	1980-1981	80
	Spinal Stressology with Llowell Ward, D.C., Palmer West	1980	48
	Spinal Stressology with Steven Katz	1980	16
	Directional Non-Force Technique with Van Rumpt, DC, LA	1980	16
	Gonstead Seminar, Palmer West	1979	12
1986	Holographic Dx and Tx, Terry Franks, D.C.	Grants Pass, OR	30

1986	Energy Stress Model, James Said, D.C., N.D.	Grants Pass, OR	18
1981	Graduated, Palmer College of Chiropractic West,	Sunnyvale, CA	4717
1979-1981	Polarity Therapy with James Said, D.C., N.D. several courses		74
1971-1973	Studied with Randolph Stone, D.O., D.C., N.D., founder of Polarity Therapy. Attended several of Dr. Stone's seminars and treated private patients with Dr. Stone.		
1969-1970	Graduate Studies in Education, UC Berkeley	Berkeley, CA	
1996	Graduated, Graduate Studies in Education. Special Life-time Teaching Credential State of California K-14 Music Education.		
1966	BA Degree, San Jose State College, BA in Music	San Jose, CA	
1965	AA Degree, Diablo Valley College.	Lafayette, CA	