

Anna B. Chitty, BCST, RPP, SEP, ABD

SUMMARY OF TRAINING & PROFESSIONAL EXPERIENCE

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PROFESSIONAL TRAINING:

<u>Training or Certification</u>	<u>Teacher or Training Organization</u>	<u>Year</u>
Polarity Therapy & Gestalt Process	Polarity Health Institute, Eastsound, WA	1980
Certified Educational Therapist	Paul Dennison, PhD, Santa Monica, CA	1986
Codependence Educator	Pia Melody, Wickenburg AZ	1990
Registered Craniosacral Therapist	Franklyn Sills, RPP, RCST	1992
Continuum Movement	Emily Conrad	1995
Developmental Character Structures	Biodynamics/Mariane Bentzen	1995-1996
Craniosacral Advanced Courses	Franklyn Sills, RPP, RCST	1996-2008
Body-Mind Centering	Susan Aposhyan, MA, Boulder, CO	1996
Pre- & Peri-Natal Therapies	Ray Castellino, DC, Santa Barbara, CA	1996-1997
Somatic Experiencing®- All levels	Peter Levine, PhD, Lyons, CO	1995-1997
Somatic Experiencing®- Beg & Int.	Diane Heller, PhD	1996-1997
SE- Auto Accidents	Diane Heller, PhD	2001
Diamond Heart Teacher Training	Ridhwan School	2005-2011

EDUCATION:

Princeton University; B.A., Art History, 1972; Magna Cum Laude; Phi Beta Kappa; Winner of Thesis Prize

PROFESSIONAL EXPERIENCE:

Instructor, Colorado School of Energy Studies	1992-Present
I am co-owner of this CO state-approved school, and lead trainer for the 2-year, 700 hour foundation training for Biodynamic Craniosacral Therapy as well as various advanced courses.	
Author/Presenter	
Group Process Facilitator, Naropa Univ. Somatic Psych Masters Program (all groups)	2001-2002
Keynote Speaker, CSTA National Conference	2004
Presenter, numerous Polarity & Craniosacral conferences	1992-2006
Facilitator, Matrix Leadership Training	2000-2007
Assistant in trainings taught by Peter Levine, Diane Heller (all levels)	1999-2008
Sponsor/assistant: Franklyn Sills, Jaap van der Wal, Ray Castellino	2000-2008
Hakomi Conference Presenter	2008
Leader of Somatic Experiencing Beginning & Intermediate Supervision Groups	2004-present
Private Therapy Practice	1987-Present
In my private practice, I employ skills from the list above as needed with each client. My practice has been full since 1992.	
Teacher and Program Director, Murrieta Health Programs, Murrieta, CA	1981-1988
I was Director of five ongoing residential health programs based on Polarity Therapy: 2 one week introductory programs, a one month personal growth program, a 6 week advanced program and a 550-hour professional training program. I was a main teacher and also responsible for staff, curriculum and guest management for all these groups, and also facilitated weekend Gestalt Process and Family Dynamics seminar series (20-30 people two weekends monthly). I also gave private appointments throughout this time.	
Co-founder of International Affiliation of Biodynamic Trainings (IABT).	
Founding Approved Teacher with Biodynamic Craniosacral Therapy Association of North America (BCSTA/NA).	

OTHER

Artisan/Owner, Lotus Art Glass	1973-1980
Figure Skating Professional Instructor	1969-1975
U.S. National Figure Skating Champion (Jr. Pairs)	1968